




















Breakfast 8am-11am Lunch 11am-2pm					
September	9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
DAY:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Mushroom / 330cal (12 oz.) 	Loaded Vegetarian Tortilla / 180cal (12 oz.) 	Potato Leek / 300cal (12 oz.) 	Butternut Squash / 200cal (12 oz.) 	Roasted Tomato Tortellini / 285cal (12 oz.) 
SOUP	Buffalo Chicken / 375cal (12 oz.)	Canadian Beer Cheese / 385cal (12 oz.) 	Beef Barley / 200cal (12 oz.)	Creamy Chicken Poblano / 470cal (12 oz.)	Clam Chowder / 520cal (12 oz.) 
	THE MARKET	FLAVOR & FIRE	THE MARKET	THE MARKET	THE MARKET
Protein	Steak & Taters / 575cal 	Green Curry Pork Pad Thai / 615cal 	Baked Potato Bar / 790cal 	Chicken Alfredo / 725cal	Pork Enchiladas / 540cal
Description	Grilled Beef Sirloin w/ Mashed Potatoes, Roasted Carrots & Beef Gravy	Marinated Pork w/ Thai Green Curry Sauce over Rice Noodles, Curried Yams & Cauliflower, Garnished w/ Scallions, House Pickled Peppers & Cashews	Baked Potato served with your choice of toppings. Chili, Bacon, Broccoli, Cheese, Green Onion & Sour Cream	Creamy Alfredo w/ Fettuccinni Pasta & Roasted Chicken Breast. Served w/ Roasted Beets & Zucchini w/Garlic Bread	Two Zesty Pork Enchiladas in Blended Corn & Flour Tortillas. Served alongside Refried Beans and Spanish Rice
Sides Ala Carte	Mashed Potatoes / 110cal 		Beef Chili / 340cal 	Local Roasted Beets & Zucchini / 220cal	Refried Beans / 110cal 
Sides Ala Carte	Roasted Carrots / 55cal 		Roasted Broccoli / 170cal 	Garlic Bread / 160cal 	Spanish Rice / 155cal 
HEARTH SPECIALTY	Hawaiian Pizza / 410cal	Hawaiian Pizza / 410cal	Hawaiian Pizza / 410cal	Hawaiian Pizza / 410cal	Hawaiian Pizza / 410cal
HEARTH STANDARD	Veggie Supreme / 375cal	Veggie Supreme / 375cal	Veggie Supreme / 375cal	Veggie Supreme / 375cal	Veggie Supreme / 375cal
FIELD OF GREENS	Chopped Autumn Salad / 600cal 	Chopped Autumn Salad / 600cal 	Roasted Carrot & Pistachio Salad / 345cal	Roasted Carrot & Pistachio Salad / 345cal	Build Your Own Salad Bar / 100-1500cal 
Description	Green Apples, Smoked Blue Cheese, Bacon Bits, Toasted Pumpkin Seeds & Maple Vinaigrette w/ Shaved Brussels Sprouts & Romaine	Green Apples, Smoked Blue Cheese, Bacon Bits, Toasted Pumpkin Seeds & Maple Vinaigrette w/ Shaved Brussels Sprouts & Romaine	Mixed Greens w/ Roasted Carrots, Pistacios, Grilled Moroccan Chicken Thigh, Feta, Mixture of Grains & Orange Tahini Dressing	Mixed Greens w/ Roasted Carrots, Pistacios, Grilled Moroccan Chicken Thigh, Feta, Mixture of Grains & Orange Tahini Dressing	Fresh Mix of Greens with choice of toppings and Assorted Dressings. See the available options at the station.
GRILLERY	See grill menu at the station	See grill menu at the station	Chipotle Jack Burger / 800cal	See grill menu at the station	Turkey Club Grilled Cheese / 825cal
Description	See grill menu at the station	See grill menu at the station	Beef Patty with Pepperjack Cheese and a Chipotle Ranch Sauce, Topped w/ Onion Rings	See grill menu at the station	Sliced Turkey, Bacon, Tomatoes, Spinach, Provolone Cheese and a Roasted Garlic Sauce on Grilled Sourdough

* Menus items are subject to change due to procurement issues. Thank you for understanding.